

Diocesan Pre-Cana Dates 2009

September 26 St. Cecilia Parish Center
434 Norton Road

November 7 Our Lady of Perpetual Help
3730 Broadway, Grove City

2010

January 9 St. Matthew Church
807 Havens Corners Road, Gahanna

February 6 St. Elizabeth Pastors' Hall
6077 Sharon Woods Blvd.

February 27 St. Cecilia Parish Center
434 Norton Road

March 20 St. Peter McEwan Center
6899 Smoky Row Road

April 17 St. Elizabeth Pastors' Hall
6077 Sharon Woods Blvd.

May 15 St. Paul Miller Hall
313 North State Street, Westerville

June 12 St. Peter McEwan Center
6899 Smoky Row Road

July 17 St. Paul Miller Hall
313 North State Street, Westerville

August 21 St. Matthew Church
807 Havens Corners Road, Gahanna

October 2 Our Lady of Perpetual Help
3730 Broadway, Grove City

November 6 St. Cecilia Parish Center
434 Norton Road

Be aware that IF THIS IS NOT A FIRST MARRIAGE, you are candidates for Remarriage Preparation, and should make certain to discuss your alternative attendance at that workshop with the priest or deacon preparing you for the Sacrament of Matrimony.

Registration Information

Pre-registration is essential. Attendance at Pre-Cana a minimum of 4-6 months in advance of your wedding date is recommended. This allows you adequate time for a thorough and conscientious preparation, and minimizes the potential for unexpected circumstances that might complicate your attendance. To insure a valuable experience for everyone, a ceiling is placed on the number of couples at each session. We regret that registration cannot be accepted at the door or by phone.

Please review this information as a couple so that you both know what to expect of the day.

Time 9:00 AM to 4:00 PM

Sign-in begins at 8:30 AM

**Light breakfast and Lunch
are provided.**

Casual dress
(No caps, please)

**PLEASE DO NOT CALL
HOSTING PARISHES**

For additional information call:
Marriage and Family Life Office

614/241-2560

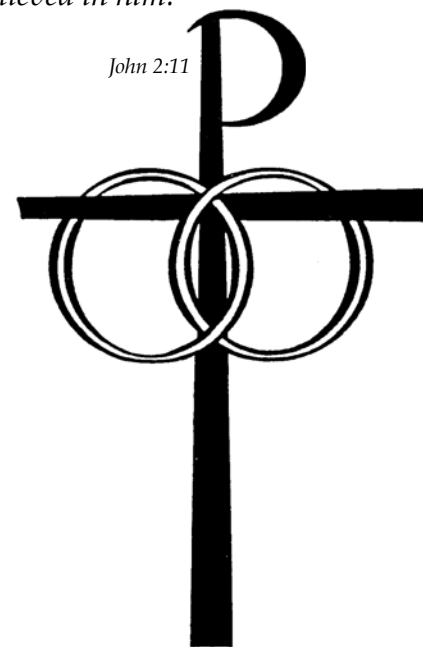
Diocese of Columbus
197 East Gay Street
Columbus, OH 43215

www.FamilyLife.colsdioc.org



*"Jesus performed this
the first
of his mighty works
in Cana of Galilee;
there
he revealed his glory,
and his disciples
believed in him."*

John 2:11



2009-2010

***Pre-Cana
Marriage Preparation***

**Diocese of Columbus
Marriage and Family Life Office**

The Church cares about you individually and as a couple, and is here to provide support and assistance as you prepare for a lifelong Christian marriage. We want to help you develop and deepen the qualities that promote and nurture an enduring loving relationship. With the pressures placed on couples today, there is an even greater need for thorough marriage preparation. Pre-Cana is only one facet of this. You will want to discuss the details of your unique relationship with the priest or deacon with whom you are working. A pre-marriage inventory (such as FOCCUS) is a helpful self-diagnostic tool; inquire at your parish about its administration.

Pre-Cana is based on teachings of the Catholic Church. However, you will find that the presentations rely on Judeo-Christian beliefs and values that are commonly shared with most Christian churches.

Topics Covered in the Program

Family of Origin

Communication

Decision-Making

Intimacy

Spirituality/Sacramentality

Format of the Day

The program begins with prayer, followed by a series of talks on various aspects of relationships and sacramental marriage. After each talk there is time to reflect individually and as a couple on the presentations. You will complete worksheets designed to facilitate awareness and growth, then discuss them as a couple. There may be group discussions and/or exercises, as well.

Maximizing the Day

Come to the sessions dressed comfortably and prepared to learn. This is a special day for the two of you to consider some of the more serious aspects of your life together. It can be a day of spiritual renewal, a time to discover deeper insights, and to focus on the truly important issues affecting your relationship. Ask for God's help in your preparation as well as investing your own efforts. Everyone involved with the program is interested in making your day worthwhile. Please don't hesitate to ask for assistance.

Other Options

Many parishes provide their own **Parish Pre-Cana Program**. Some offer a **Sponsor Couple Program** (wherein a trained married couple works with an engaged couple for several meetings). Information about these programs is available at your parish.

Engaged Encounter is a weekend experience that allows more concentrated time as a couple for personal reflection and sharing. For dates and locations, visit their website (www.engaged.org) or call the MFLO.

If you are preparing to marry after the loss of a spouse through death or divorce, you are candidates for diocesan **Remarriage Preparation**, which addresses issues relevant to couples who are preparing for Remarriage. Discuss your attendance at this workshop (as an alternative to Pre-Cana) with your priest or deacon.

Call the Marriage and Family Life Office at 614/241-2560 for more information on any of these programs.

\$75 Registration Fee
\$25 Rescheduling Fee

REGISTRATION FORM

We would like to attend the session on _____

1st choice (date) _____ 2nd choice (date) _____

Office Use Only
RECEIVED
CONF. SENT
PAID

Name (His) *Please type or print* _____

Age _____

Name (Hers) *Please type or print* _____

Age _____

Address (His) _____

Address (Hers) _____

City _____

Zip _____

Zip _____

Contact Phone (His) _____

Email address (His) _____

Contact Phone (Hers) _____

Email address (Hers) _____

Church (His) _____

Church (Hers) _____

His first marriage: Yes No

Her first marriage: Yes No

Be aware that **if this is NOT A FIRST MARRIAGE, you are candidates for Remarriage Preparation.**

Queremos material en Español Si No

Wedding will take place at _____

on _____

The celebrant is _____

(Date)

(Name of Church, location)

Make checks payable to: The Marriage and Family Life Office. Mail this completed form and check to: Marriage and Family Life Office, 197 East Gay Street, Columbus, OH 43215-3299. Sorry, we cannot accept phone registrations.