

Diocese of Columbus ♦ Marriage & Family Life Office

# *Natural Family Planning Workshop*

*August – November, 2010*

**Monday Evenings, 7:00 – 9:00 PM**  
(Couples should expect to attend all 5 sessions)

*August 16 Fertility Awareness & Temperature Charting*

*August 30 Ovulation Method Charting*

*September 13 Combined Method Charting*

*October 4 Advanced Charting, Nutrition & Resources*

*November 1 Church Teaching on NFP, Chart Review*

Hosted by:

**St. Mary Parish**

82 E. William Street, Delaware, OH 43015

Cost is \$60 per couple  
Financial assistance is available.



For questions or to register for this workshop, contact:

**Marriage and Family Life Office**  
197 East Gay St. Columbus, OH 43215  
(614)241-2560 ♦ [FLOMailbox@colsdio.org](mailto:FLOMailbox@colsdio.org)

