



Catholic Diocese of Columbus

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News

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Natural Family Planning Classes Offered in August and September

COLUMBUS –Two five-session series of Natural Family Planning (NFP) classes will begin on Tuesday, August 25, from 6:30 – 8:30 p.m. at St Nicholas Parish, 955 E. Main St., Zanesville, Ohio, and Monday September 14, 7-9 p.m. St Paul the Apostle Parish, 313 N. State St., Westerville, Ohio. These classes are designed to assist couples in achieving or postponing pregnancy while strengthening their marriage relationship.

The workshop, offered through the Catholic Diocese of Columbus Marriage and Family Life Office, will continue on Tuesdays: September 8 and 22, October 20, and November 17. The Monday series will continue on September 28, October 12, November 9, and December 14. The registration fee is \$60 which includes all instructional materials; financial assistance is available.

NFP is taught by couples who are nationally certified by the Natural Family Planning Program, United States Conference of Catholic Bishops (USCCB). For more information regarding this method of family planning/fertility awareness or to register, contact the Marriage and Family Life Office at 614-241-2560 or online at FLOMailbox@colsdio.org.