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## Catholic Diocese of Columbus

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# News

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Contact: Carol Keene  
Attention: News Editor

## **Natural Family Planning Classes Offered in September**

Columbus – A five-session bi-weekly series of Natural Family Planning (NFP) classes will begin on Wednesday, September 17, 2008, from 7-9 p.m. at St. Vincent de Paul Church, 303 East High Street, Mt. Vernon, Ohio. These classes are designed to assist couples in achieving or postponing pregnancy while strengthening their marriage relationship.

The workshop, offered through the Catholic Diocese of Columbus Marriage and Family Life Office, will continue on Wednesdays: October 1, 15, 29, and November 12. The cost is \$60 which includes all instructional materials; financial assistance is available.

NFP is taught by couples who are nationally certified by the Diocesan Development Program for NFP of the United States Conference of Catholic Bishops. For more information regarding this method of family planning/fertility awareness or to register, contact Sheri Tharp, diocesan-certified NFP instructor, at 740-507-9813.

To learn more about programs and classes offered by the Marriage and Family Life Office, visit <http://www.coldsdioc.org/>.