



Catholic Diocese of Columbus

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News

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Natural Family Planning Classes Offered in June

COLUMBUS –Two five-session series of Natural Family Planning (NFP) classes will begin on

Thursday, June 4, from 7-9 p.m. at St Mary Parish, 82 E. William St., Delaware, Ohio, and

Wednesday, June 10, 7-9 p.m. St Vincent de Paul Parish, 303 E. High St., Mt Vernon, Ohio.

These classes are designed to assist couples in achieving or postponing pregnancy while strengthening their marriage relationship.

The workshop, offered through the Catholic Diocese of Columbus Marriage and Family Life Office, will continue on Thursdays: June 18, July 2, 30, and August 27. The Wednesday series will continue on June 24, July 8, 22, and August 5. The registration fee is \$60 which includes all instructional materials; financial assistance is available.

NFP is taught by couples who are nationally certified by the Natural Family Planning Program, United States Conference of Catholic Bishops (USCCB). For more information regarding this method of family planning/fertility awareness or to register, contact the Marriage and Family Life Office at 614-241-2560 or online at FLOMailbox@colsdio.org.