



## Catholic Diocese of Columbus

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# News

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### **Workshop for those in divorce process offered**

Columbus – An eight-week workshop for persons going through the divorce process will be offered by the Catholic Diocese of Columbus Marriage and Family Life Office. The workshop, to be held on eight consecutive Thursdays, will begin January 22, 2009, at the Catholic Center, 197 East Gay Street, Columbus, from 7-9 p.m.

This workshop will offer its participants coping skills and an understanding of emotional responses in order to assist them in moving beyond the pain of divorce. The two-hour confidential sessions are held weekly for eight consecutive weeks.

Subsequent workshop dates are: January 29, February 5, 12, 19, 26 and March 5 and 12.

For more information or to register, call the Marriage and Family Life Office of the Catholic Diocese of Columbus at 614-241-2560 or visit [www.familylife.colsdio.org](http://www.familylife.colsdio.org) and click on the *Hurting Families* link. The registration fee is \$40, and financial aid is available.